

# Avoiding School Leadership Burnout!

*NAESP Webinar - October 30, 2018*

*Principal Baruti Kafele*

PrincipalKafele.com

twitter: @principalkafele

facebook: Principal Kafele

**“Thought Partnership” Matters!**

# Keep Your “*FIRE*” Blazing...All Year Long!

1. How often do I study my “*game film*?”
2. Am I leading within my “*WHY*?”
3. Am I managing my time or is my time managing *ME*?
4. Do I ever “major in the minors” due to minimizing what matters most and maximizing what matters least?
5. Is the difference between “leader” and “boss” evident in my leadership?
6. Am I a “Lone Ranger” in my leadership or have I developed a solid, cohesive *TEAM*?
7. In what ways does my leadership maximize the human capital in my school?
8. In what ways do I empower staff to do more than their job descriptions require?
9. Do I *PLAN* my week or do I *REACT* to my week?
10. What are the activities I engage in away from work in order to maintain balance in my life?
11. How often do I “reward” myself?
12. Do I maintain an exercise regimen?

**PrincipalKafele.com**

*Twitter: @PrincipalKafele*

*Facebook: @Principal Kafele*

*[PrincipalKafeleWrites.com](http://PrincipalKafeleWrites.com) (Blog)*

**Facebook Live** *(10 am EST)*

*1st Sundays - Teachers*

*2nd Sundays - Leadership*

**(September - May)**

## **Principal Kafele You Tube Channels**

*Message to Your Son / Message to the YOUTH (214 vids)*

*Message to a Teacher (30 vids)*

*Message to a New & Aspiring Principal (40 vids)*

*Principal Kafele Speaks to Educators (130 vids)*

## **Principal Kafele Books (ASCD)**

*So You Want to Be a Principal? LET'S TALK! (Coming in 2019)*

*Is My School a Better School BECAUSE I Lead It? (Brand New)*

*The Teacher 50*

*The Principal 50*

*Closing the Attitude Gap*

*Motivating Black Males*