



# *Social-Emotional Learning:* Not Just for Students

GREG SOMMERS



THE CORE PROJECT

**71.5%**

of students reported there is at least one teacher or other adult in their school they can talk to if they have a problem.

**YRBS 2017**

# SEL COMPETENCIES

**CASEL: Cultivate supportive, caring adults who model and practice their own SEL.**

<https://schoolguide.casel.org/rubric/> (Focus area 2)

1. Self Awareness
2. Self Management
3. Social Awareness
4. Relationship Skills
5. Responsible Decision Making

“I realize and accept I am a work in progress...  
not who I was, and not yet who I will become,  
and I welcome the task.”

NO ONE REMAINS  
quite what he was  
when he  
recognizes  
himself.”

THOMAS MANN

# SELF AWARENESS

“Compassionate Inquiry”

# BEHAVIOR



**“All behavior is  
total behavior.”**

**WILLIAM GLASSER**

# TOTAL BEHAVIOR

**Acting | Thinking**

**Feeling | Physiology**

# SELF MANAGEMENT

# Judgement vs. Judgmental

# Judgements

**How do I come across?**

“I’ve come to a frightening conclusion that I am the decisive element in the classroom. It’s my personal approach that creates the climate. It’s my daily mood that makes the weather. As a teacher, I possess a tremendous power to make a child’s life miserable or joyous. I can be a tool of torture or an instrument of inspiration. I can humiliate or heal. In all situations, it is my response that decides whether a crisis will be escalated or de-escalated and a child humanized or dehumanized.”

**HAIM GINOTT**

**Shaping the learning  
environment**

**(How will you come  
across?)**



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**Text your email to  
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