Social-Emotional Learning: Not Just for Students

GREG SOMMERS
71.5% of students reported there is at least one teacher or other adult in their school they can talk to if they have a problem.

YRBS 2017
CASEL: Cultivate supportive, caring adults who model and practice their own SEL.

https://schoolguide.casel.org/rubric/ (Focus area 2)
1. Self Awareness
2. Self Management
3. Social Awareness
4. Relationship Skills
5. Responsible Decision Making
“I realize and accept I am a work in progress… not who I was, and not yet who I will become, and I welcome the task.”
No one remains quite what he was when he recognizes himself.”

THOMAS MANN
SELF AWARENESS

“Compassionate Inquiry”
BEHAVIOR
“All behavior is total behavior.”

WILLIAM GLASSER
TOTAL BEHAVIOR

Acting  |  Thinking
Feeling  |  Physiology
SELF MANAGEMENT
Judgement vs. Judgmental
Judgements
How do I come across?
“I’ve come to a frightening conclusion that I am the decisive element in the classroom. It’s my personal approach that creates the climate. It’s my daily mood that makes the weather. As a teacher, I possess a tremendous power to make a child’s life miserable or joyous. I can be a tool of torture or an instrument of inspiration. I can humiliate or heal. In all situations, it is my response that decides whether a crisis will be escalated or de-escalated and a child humanized or dehumanized.”

HAIM GINOTT
Shaping the learning environment

(How will you come across?)
Text your email to (208) 582-0432