



BREAKFAST in the classroom

www.BreakfastintheClassroom.org

Partners for Breakfast in the Classroom: Food Research and Action Center | National Association of Elementary School Principals Foundation
National Education Association Health Information Network | School Nutrition Foundation

Why is *Breakfast in the Classroom* needed?

According to the USDA, in 2009, 17.2 million children – more than one in five American children – lived in “food insecure” households (households that struggled with hunger). Many school districts participate in the federally-funded School Breakfast Program, but its performance in reducing childhood hunger has fallen short of its potential. On average, less than half of children who are eligible for the free or reduced-price breakfast are eating it. Breakfast in the Classroom helps ensure that students who need school breakfast are able to access this important meal. There are also many resulting academic benefits such as improved classroom performance and test scores, reduced tardiness and absenteeism, and fewer visits to the nurse or principal’s office.



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